



Abegoaria, Gasparões and Aldeia do Rouquenho

Villages in the Union of Civil Parishes of Ferreira do Alentejo and Canhestros, with low density of population and dispersed settlement associated with small-scale agriculture based on many *montes* or *quintas* (small estates or farms). It is in these farms that a number of small tourist accommodation facilities have been set up, which enable visitors to be in close contact with this rural context.



Olive plantation

Olive plantations for large-scale production are laid out in rows of trees in vase shapes or as hedges, creating plots of land that facilitate the system of drip irrigation. The olives are harvested mechanically, thus ensuring the optimum use of labour and energy. These olives are used for making high quality olive oil that is appreciated all over the world.

Eat here!

Meals and snacks are very appealing in Ferreira do Alentejo. You can have lunch or dinner in a restaurant or have a snack in a tavern or in one of the cafés in the traditional Alentejo style that can be found in the municipality.



Reservoir of "Pardieiro"

The reservoir is approximately a square kilometre in area and is formed by a dam that blocks a number of water courses or gullies. This water is used to irrigate the surrounding farmland, in particular the large olive plantations. The dense vegetation on the banks and the microclimates that are generated make this place particularly attractive for bird life.



Little soul of the way

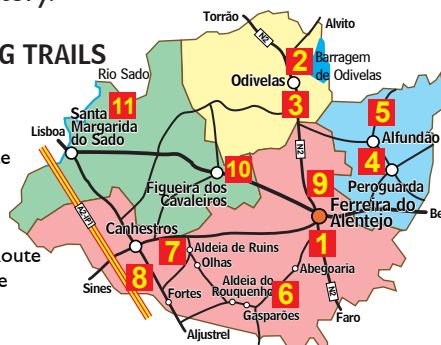
The "Alminhas do Caminho" (literally "little souls of the way") are small chapels or altars that represent the Christian faith of travellers, in places where there was a significant event such as a sudden death, a miracle following an accident, or simply because they stand at the entrance or the exit of a village. Veneration here is normally associated with the souls in purgatory, which is why they are known as "Alminhas" (little souls).

The municipality of Ferreira do Alentejo is located in the Lower Alentejo, exactly halfway between the Atlantic coast and the border with Spain. With an area of 648.25 km² and a population of 7,850, the municipality has a strong focus on agriculture, in the form of both traditional cultivation of olive trees and the cork oak forests of the montado, and modern cultivation using irrigation. There are traces of occupation by humans since the Middle Palaeolithic, with the region being used throughout all the periods of pre-history and history.



PR - SHORT WALKING TRAILS

- PR1 Eagle Hill Route
- PR2 Water Route
- PR3 Stone Route
- PR4 Michel Giacometti Route
- PR5 Lake of Ducks Route
- PR6 "Montes" Route
- PR7 Old Villages Route
- PR8 Cork Oak "Montado" Route
- PR9 Farms and Estates Route
- PR10 Olive Oil Route
- PR11 Sado River Route



CONDUCT AND SAFETY

This trail is reserved for walkers only. Walk in a group; avoid going alone. Wear a hat and suitable clothing and footwear for your intended walk. Take a backpack with plenty of food and water. Be respectful of public and private property. Leave gates and barriers the way you found them. Avoid using plastic items and dispose of rubbish in the proper places. No naked flames or lighting fires of any kind. Make use of local services for overnight stays, meals and shopping.



Ferreira do Alentejo Municipal Council

Tel +351 284 738 700

geral@cm-ferreira-alentejo.pt



PR 6
FAL



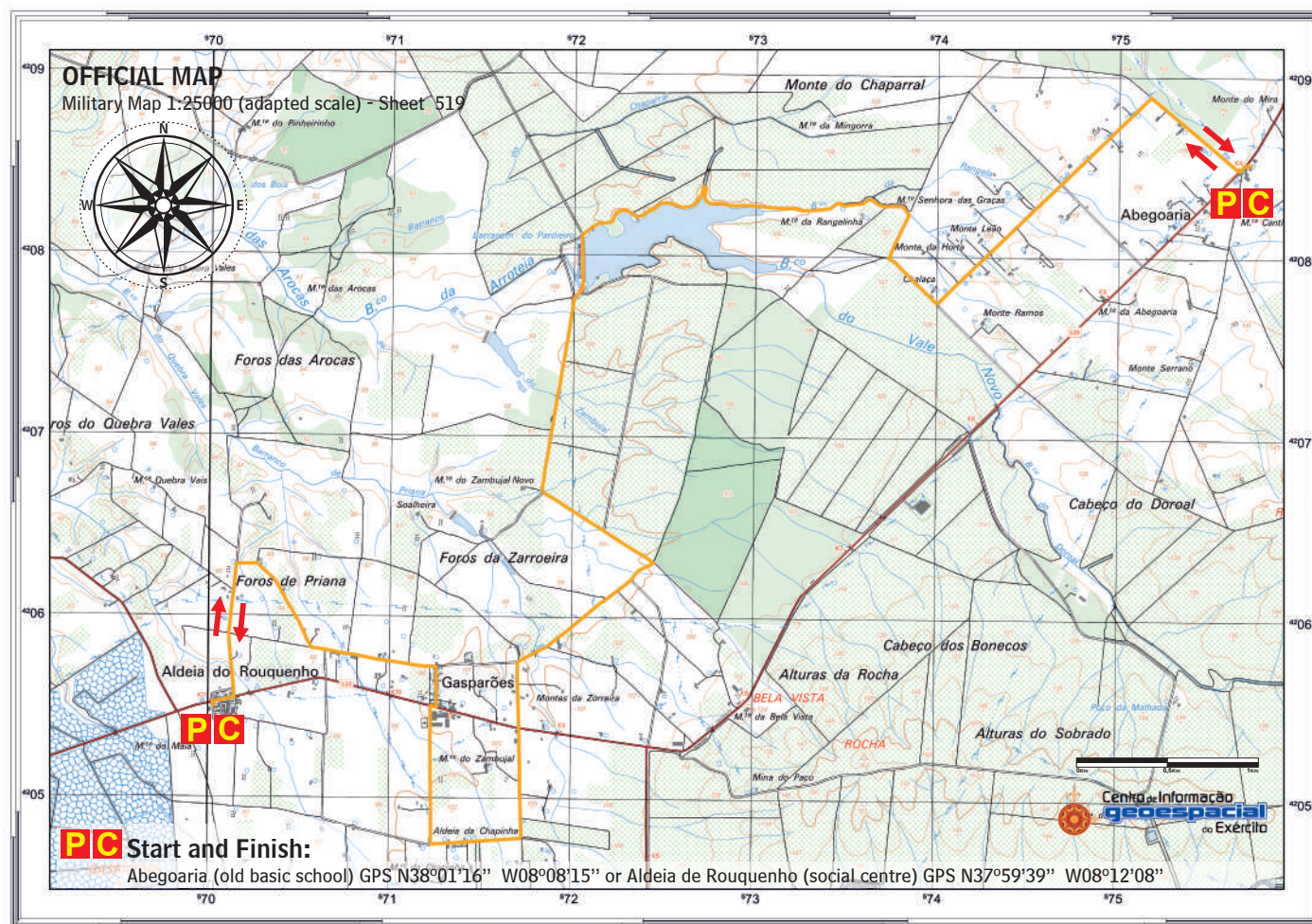
Walking Trails of
FERREIRA DO ALENTEJO . PORTUGAL

"MONTES"
ROUTE



12.9 km
Linear
3 to 4 hours
●○○○○

The southernmost part of the Ferreira do Alentejo area, which includes Abegoaria, Gasparões and Aldeia do Rouquenho, is characterised by *quintas* and *montes*, small farms and estates marked out with a ruler and set square, with a type of settlement that is different from that in the rest of the municipality. A surprising relationship between small farms and the dominant, typical large estates, in a region of contrasts.



POINTS OF INTEREST

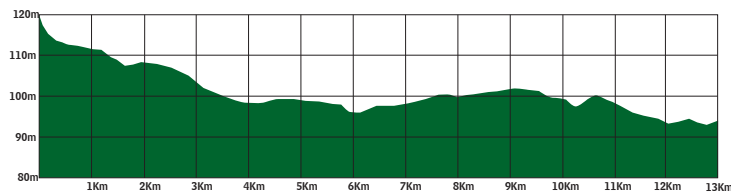
Abegoaria, Gasparões,
and Village of Rouquenho
Reservoir of Pardieiro
Olive plantation
Rural tourism accommodation
Eucalyptus
"Little Soul" of the way

DATA SHEET

Path: Linear.
Distance: 12.9 km.
Accumulated elev.: 128 m.
Duration: 3 to 4 hours.
Difficulty: Low.
Surface: Country paths and
secondary roads.
Season: All year. Muddy places in the rainy season.

ALTITUDE GRAPH

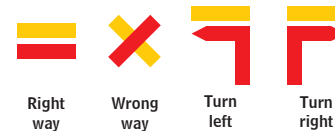
Check the relationship between distance and altitude scales.



DESCRIPTION OF THE TRAIL

This is a linear trail and you can set off either from Abegoaria or from Aldeia de Rouquenho, two villages joined by the Estrada de Gasparões (Gasparões Road). Our suggestion is to start from the former primary school in Abegoaria, cross the road and continue past small farms, and turn left at the first junction. Next to Monte Chalaça, turn right and go as far as the crossroads, and then turn right again until you are close to the water course at the end of the field of olive trees. Turn left and follow the water course that is on your left until you cross a small bridge close to the trees. On the right of the water course, follow the whole reservoir as far as the dam wall, which you cross. During the rainy season, the trail can be covered with water and you should walk through the olive plantation. Head south as far as Monte do Zambujeiro, where you turn left until you see the wood of eucalyptus trees. At the crossroads by the wood of eucalyptus trees, turn right, keep going straight on until you see the first montes (small estates) with houses, and then turn left and go as far as the Gasparões road, which you cross very carefully. Go straight on and turn right at the end of the road. Turn right again, going around the small farms and cross the road again. Walk through the centre of Gasparões and turn left following the main street bearing slightly to the right, and then with a sharp turn to the left. Head south until you come to the road and the village of Aldeia de Rouquenho. Cross the village and you will come to the Centro de Convívio (Social Centre).

SIGNAGE



FCMP - Federação de Campismo e Montanhismo de Portugal

EMERGENCY

Emergency 112
Fire Alert 117
Environment 808 200 520
GNR SEPNA sepna@gnr.pt