



### Figueira dos Cavaleiros

The village was named "Figueira dos Manuéis" in the 16th century and it is thought that knights of the Order of St James of the Sword lived here who were part of the commandery directed from Ferreira. The village is famous today for irrigated agricultural production, in particular of melons, after which the village's main event is named, and more recently of olives and olive oil.



### Sustainable production

The promotion of biodiversity in large-scale agricultural production requires the adoption of good practices such as the planting of riparian species on the banks of water courses (which help to create ecological corridors) and the maintenance of zones of *montado* oak forest and other areas of great ecological value. The olive oil route enables you to see such good practices.

### Eat here!

Meals and snacks are very appealing in Ferreira do Alentejo. You can have lunch or dinner in a restaurant or have a snack in a tavern or in one of the cafés in the traditional Alentejo style that can be found in the municipality.



### Church of São Sebastião

Parish church with a single nave with four bays and a chancel, fully vaulted, of a type that was common in the mannerist architecture seen in the region, in a very familiar popular and vernacular style. Façade with a restrained doorway embellished with additional Baroque features. Of particular note are the elegance and the originality of the vault above the nave, of scholarly conception.



### Lagar do Marmelo

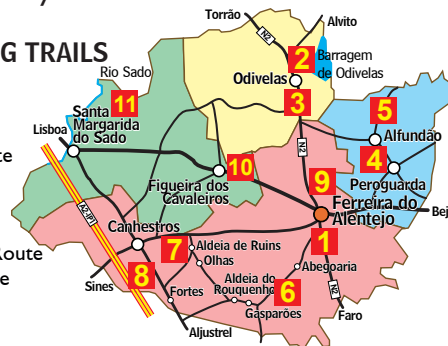
Industrial unit for extracting olive oil that combines technology with a bold architectural project of great beauty and an excellent setting in the landscape. A work of Portuguese architecture designed by Ricardo Bak Gordon, with a production capacity of eight million litres of olive oil with great rigour in the environmental quality and control procedures.

The municipality of Ferreira do Alentejo is located in the Lower Alentejo, exactly halfway between the Atlantic coast and the border with Spain. With an area of 648.25 km<sup>2</sup> and a population of 7,850, the municipality has a strong focus on agriculture, in the form of both traditional cultivation of olive trees and the cork oak forests of the *montado*, and modern cultivation using irrigation. There are traces of occupation by humans since the Middle Palaeolithic, with the region being used throughout all the periods of pre-history and history.



### PR - SHORT WALKING TRAILS

- PR1 Eagle Hill Route
- PR2 Water Route
- PR3 Stone Route
- PR4 Michel Giacometti Route
- PR5 Lake of Ducks Route
- PR6 "Montes" Route
- PR7 Old Villages Route
- PR8 Cork Oak "Montado" Route
- PR9 Farms and Estates Route
- PR10 Olive Oil Route
- PR11 Sado River Route



### CONDUCT AND SAFETY

This trail is reserved for walkers only. Walk in a group; avoid going alone. Wear a hat and suitable clothing and footwear for your intended walk. Take a backpack with plenty of food and water. Be respectful of public and private property. Leave gates and barriers the way you found them. Avoid using plastic items and dispose of rubbish in the proper places. No naked flames or lighting fires of any kind. Make use of local services for overnight stays, meals and shopping.



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PR10  
FAL

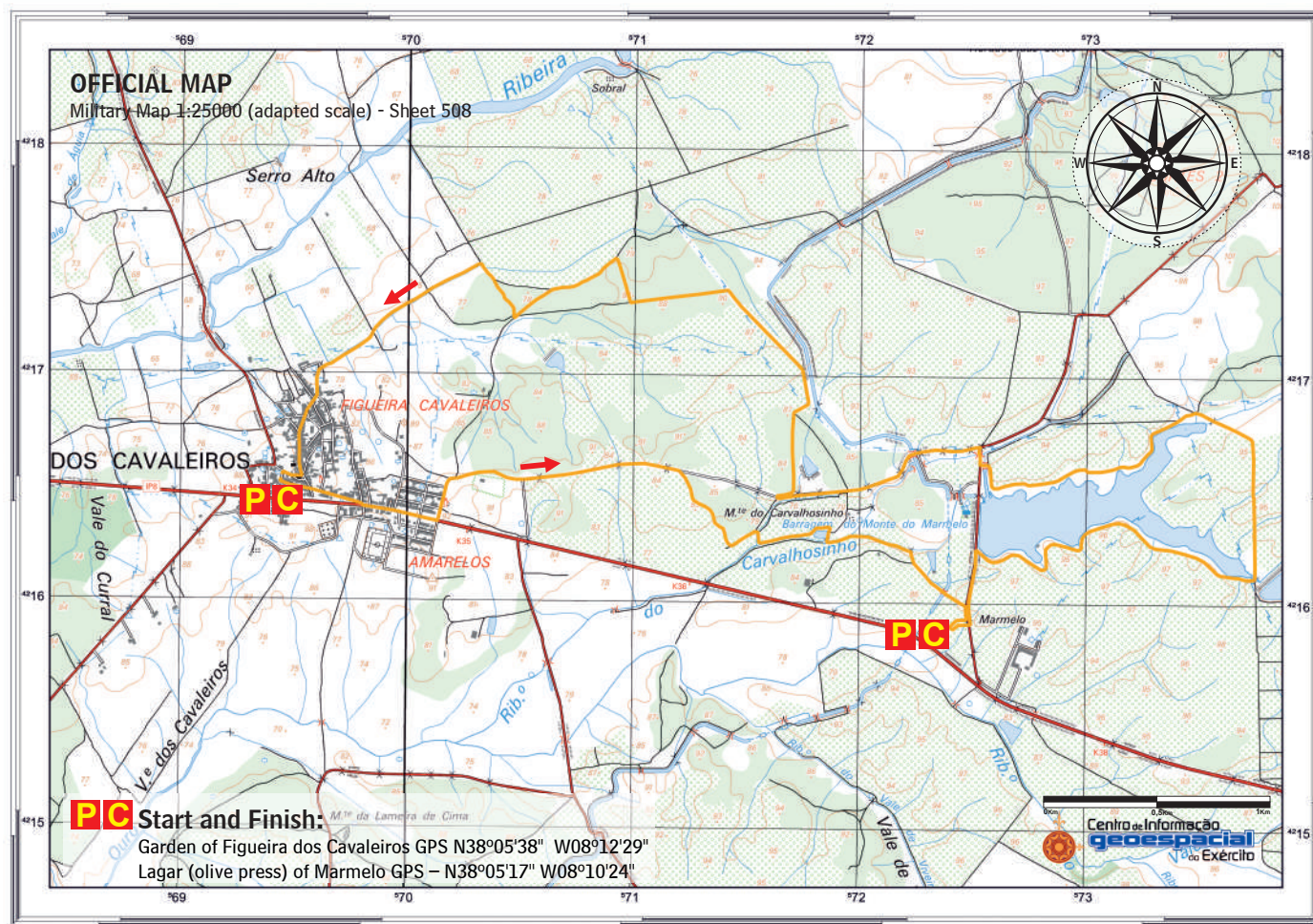


Walking Trails of  
FERREIRA DO ALENTEJO . PORTUGAL

OLIVE OIL  
ROUTE







## POINTS OF INTEREST

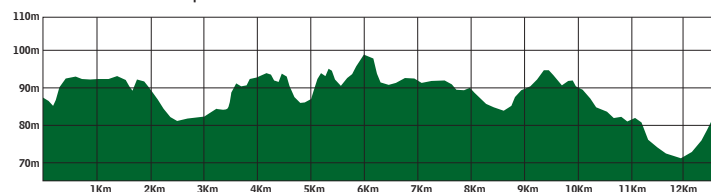
Village of Figueira dos Cavaleiros  
Church of São Sebastião  
Lagar (olive press) of Marmelo  
Olive plantation  
Forest of cork and holm oak  
Olive oil production  
Sustainable production

## DATA SHEET

Path: Loop.  
Distance: 12.7 km.  
Accumulated elev.: 169 m.  
Duration: 3 to 4 hours.  
Difficulty: Medium (-).  
Surface: Country paths and urban roads.  
Season: All year. Muddy places in the rainy season.

## ALTITUDE GRAPH

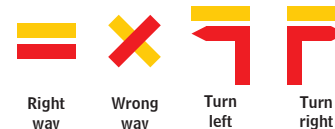
Check the relationship between distance and altitude scales.



## DESCRIPTION OF THE TRAIL

Leave the Garden of the Civil Parish Council of Figueira dos Cavaleiros along Rua Adriano Correia de Oliveira and continue along Rua de Lisboa. Walk along the side of the IP8 main road until you reach the end of the village, where the Monumento dos Cavaleiros (Monument of the Knights) stands, and then turn left. Head into the rural area along Rua António Canilhas and turn right, passing through a small area of oak tree montado and walking alongside the olive plantation. Leave the tarred track and continue close to the olive plantation along a dirt track, going around the olive trees to the left. Follow the signs carefully to the paths that wind through the olive trees until you reach the Lagar do Marmelo (olive press), which can be visited when open. Head north in the direction of the reservoir, turn right before the dam wall, and walk along the side of the reservoir. At the last junction, turn left and turn left again at the next junction. Now walk along the right bank of the reservoir and, after crossing the canal, turn right and then immediately left. Cross the canal again on the rural road and turn right into the olive plantation mixed with cork oaks, in a perfect symbiosis of species that are very useful for biodiversity. Continue with the olive plantation always on your left until you cross a scattered oak tree montado followed by arable fields that indicate that you are close to Figueira dos Cavaleiros. Enter the village through Largo Capitães de Abril, continue along Rua de Lisboa as far as the Main Church and turn right into the garden.

## SIGNAGE



FCMP - Federação de Campismo e Montanhismo de Portugal

## EMERGENCY

Emergency 112  
Fire Alert 117  
Environment 808 200 520  
GNR SEPNA sepna@gnr.pt